Noncreditable Foods in the Summer Food Service Program (SFSP)

Foods served in reimbursable meals and snacks must meet the SFSP Meal Patterns. For more information on the SFSP meal patterns and crediting requirements, visit the "Meal Patterns for the SFSP" and "Crediting Foods" sections of the Connecticut State Department of Education's (CSDE) SFSP webpage.



Noncreditable foods are foods and beverages that do not contribute toward the meal patterns for the USDA's Child Nutrition Programs. Examples include potato chips, pudding, ice cream, gelatin, cream cheese, bacon, condiments (e.g., syrup, jam, ketchup, mustard, mayonnaise, and butter), and water. The chart on page 2 lists additional examples of noncreditable foods for the SFSP. This list is not all-inclusive.

SFSP funds cannot be used to purchase noncreditable foods, except for condiments served with creditable foods. For example, SFSP funds cannot be used to purchase gelatin, pudding, or canned cream soups. For more information, refer to USDA Memo SP 06-2012: Serving Additional Foods in the Summer Food Service Program.

SFSP sponsors may serve some noncreditable foods in addition to the meal components to add variety, help improve acceptability in the meal, and satisfy appetites. Some examples include maple syrup on pancakes, salad dressing on tossed greens, and condiments such as ketchup or mustard on sandwiches and other entrees.

To ensure that SFSP meals and snacks meet children's nutritional needs, the CSDE encourages SFSP sponsors to use discretion when serving noncreditable foods. Noncreditable foods typically contain few nutrients and are higher in added sugars, saturated fats, and sodium. Menu planners should read labels, be aware of the ingredients in foods, and limit the frequency and amount of less nutritious choices.



Examples of noncreditable foods for the SFSP meal patterns

Almond milk 1

Bacon and bacon bits

Banana chips

Bread products that are not whole grain or enriched ¹

Butter

Candy ²

Candy-coated popcorn²

Chili sauce

Chocolate milk-based drinks, e.g., Yoo-Hoo ²

Coffee (regular, decaffeinated, and iced)²

Commercial processed products without a Child

Nutrition (CN) label or product formulation statement (PFS), e.g., entrees, smoothies,

and breaded vegetables 3

Commercial smoothies that contain dietary or

herbal supplements

Condiments, e.g., ketchup, mustard, relish,

barbecue sauce

Cranberry cocktail drink²

Cream, half and half

Cream cheese

Cream soups, canned, e.g., cream of mushroom,

cream of celery, cream of broccoli

Dehydrated vegetables used for seasoning

Drinkable or squeezable yogurt, probiotic dairy

drinks, and yogurt drinks

Eggnog

Egg whites

Frozen yogurt

Fruit drink, fruit beverage, powdered fruit drink

mix 4

Fruit leathers

Fruit punch (not 100 percent juice) ²

Fruit snacks, e.g., fruit roll-ups, wrinkles, and

twists

Gelatin, regular and sugar free

Grain products and recipes that are

not whole or enriched

Honey

Hot chocolate

Ice cream

Ice cream novelties

Ice milk

Iced coffee ²

Iced tea ²

Imitation cheese

Jam

Jelly

Ketchup

Lemonade ²

Limeade ²

Maple syrup

Margarine

Marshmallows

Mayonnaise

Mustard

Nectar drinks²

Nondairy milk substitutes, e.g., almond

milk, soy milk, and rice milk

Pickle relish

Popsicles (not 100 percent juice)

Potato chips

Probiotic dairy drinks

Pudding

Pudding pops

Rice milk

Salad dressings

Sherbet

Soda, regular and diet²

Examples of noncreditable foods for the SFSP meal patterns, continued

Soups, commercial non-vegetable canned, e.g., beef barley, beef noodle, turkey or chicken noodle, and turkey or chicken rice

Sour cream

Soy milk

Soy yogurt

Sports drinks ²

Spreadable fruit

Syrup

Tea (regular, herbal, and iced) ²

Tofu and tofu products

Water

White rice, unenriched ¹

- ¹ For guidance on creditable grains, refer to the CSDE's resource, Requirements for the Grains/Breads Component of the SFSP Meal Patterns.
- If the SFSP operates on school premises, Sections 10-215b-1 of the Regulations of Connecticut State Agencies prohibits selling and giving these competitive foods to students. For more information, refer to the CSDE's resource, Overview of Connecticut Competitive Foods Regulations, and visit the CSDE's Competitive Foods in Schools and Beverage Requirements webpages.
- ³ Commercial processed products without a CN label or PFS cannot credit in SFSP meals and snacks. For more information, refer to the CSDE's resources, *Child Nutrition (CN) Labeling Program, Product Formulation Statements* and *Accepting Processed Product Documentation in the SFSP*, and the USDA's *Tips for Evaluating a Manufacturer's Product Formulation Statement;* and visit the "Crediting Commercial Processed Products" section of the CSDE's SFSP webpage.

Resources

Accepting Processed Product Documentation in the SFSP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/

Accepting_Processed_Product_Documentation_SFSP.pdf

Administrative Guidance for SFSP Sponsors (USDA):

https://fns-prod.azureedge.net/sites/default/files/sfsp/SFSP Admin Guide Sept2016.pdf

Child Nutrition (CN) Labeling Program (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CN_Labeling_Program.pdf

Crediting Breakfast Cereals in the SFSP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Cereals_SFSP.pdf

Crediting Commercial Processed Products ("Documents/Forms" section of CSDE's SFSP webpage):

https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-

Program/Documents#CreditingCommercialProcessedProducts

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Crediting Foods Made from Scratch Products ("Documents/Forms" section of CSDE's SFSP
   webpage):
   https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-
   Program/Documents#CreditingFoodsScratch
Crediting Deli Meats in the SFSP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Credit_Deli_SFSP.pdf
Crediting Enriched Grains in the SFSP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Credit_Enriched_Grains_SFSP.pdf
Crediting Foods in the SFSP ("Documents/Forms" section of CSDE's SFSP webpage):
   https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program/Documents
Crediting Juice in the SFSP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Credit_Juice_SFSP.pdf
Crediting Legumes in the SFSP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Credit_Legumes_SFSP.pdf
Crediting Legumes in the SFSP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Credit_Legumes_SFSP.pdf
Crediting Nuts and Seeds in the SFSP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Credit Nuts Seeds SFSP.pdf
Crediting Smoothies in the SFSP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Credit_Smoothies_SFSP.pdf
Crediting Summary Charts for the SFSP Meal Patterns (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Crediting_Summary_Charts_SFSP.pdf
Crediting Whole Grains in the SFSP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Credit_Whole_Grains_SFSP.pdf
Crediting Yogurt in the SFSP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Credit_Yogurt_SFSP.pdf
Food Buying Guide for Child Nutrition Programs (USDA):
   https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs
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Meal Patterns for the SFSP (CSDE's SFSP webpage):

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https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program#MealPatterns
Menu Planning for the SFSP (CSDE's SFSP webpage):
   https://portal.ct.gov/SDE/Nutrition/Summer-Food-Service-Program#MenuPlanning
Nutrition Guide: Summer Food Service Program (USDA):
   https://fns-prod.azureedge.net/sites/default/files/resource-
   files/USDA_SFSP_NutritionGuide.pdf
Product Formulation Statements (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
   Product_Formulation_Statements.pdf
Requirements for the Grains/Breads Component of the Summer Food Service Program Meal
   Patterns (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Component_Grains_Breads_SFSP.pdf
Requirements for the Meat/Meat Alternates Component of the SFSP Meal Patterns (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Component_MMA_SFSP.pdf
Requirements for the Milk Component of the SFSP Meal Patterns (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Component_Milk_SFSP.pdf
Requirements for the Vegetables/Fruits Component of the SFSP Meal Patterns (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/
   Component_Vegetables_Fruits_SFSP.pdf
USDA Memo SP 06-2012: Serving Additional Foods in the Summer Food Service Program:
   https://www.fns.usda.gov/sfsp/serving-additional-foods-summer-food-service-program
USDA Memo SP 08-2019, CACFP 02-2019 and SFSP 02-2019: Update of Food Crediting in the
   Child Nutrition Programs:
   https://www.fns.usda.gov/update-food-crediting-child-nutrition-programs
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For more information, visit the SFSP Meal Patterns and Crediting Foods in the SFSP sections of the CSDE's SFSP webpage, or contact the Summer Meals staff in the CSDE's Bureau of Health/Nutrition, Family Services and Adult Education, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841

This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/SFSP/CreditingSFSP/Noncreditable_Foods_SFSP.pdf.

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- mail: U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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